

Heather Bigham

3rd DAN Black belt 06-02-2012



I began taking a Taekwondo class about 10 years ago for no other reason than my son was in the class. Going into the class I had a lot of misconceptions of, what a Taekwondo class was really about. I thought I was to show up to class, Kick and, punch a little. Therefore I would receive a different color belt and, that belt would define what I knew. Was I ever wrong.

I had over time come to realize the only thing my belt did was, hold my Gi top together

When I received my First Degree Black Belt, I realized then, just how little I knew about Taekwondo. I felt as though I climbed to the top of a mountain. To realize that, there is another whole mountain range to over come. A short time after receiving my 2nd Degree Black Belt. I was presented with a Blue Gi

What had happened when I had tested for my 3rd Degree Black Belt for the first time was something I would have never had expected. To my dismay, I did not pass the test. Not getting my 3rd Degree taught me more about myself than any belt I had received in the passed. It taught me to never give up, to do my best and, to try even harder. To push myself further than I have ever pushed myself before. I had tried again to test two years later. I am now a 3rd Degree Black Belt. I have so many people to thank. My family, All of the instructors in A.S.K.A. and each and everyone of our student. You have all taught me so much. There are no words to express how grateful I am to have had all of you in my life.

Thank You.