

Quinn Vo 1st Degree Black Belt, Dec 14-2013 My Black Belt Journey

My black belt journey started when I was little. At first it was very exciting to do all the punches and kicks. Then when I grew older I realized it was not about just the punches and kicks. Karate isn't used for fighting others or hurting people. It is just for defense.

The day of the black belt test came. I felt extremely nervous and scared, but I made it through all the test and I got my black belt. After a couple of hours I felt more confident, but tired. I was finally relieved. There is still more to go tough. Karate is a road with no ending.

I would like to thank all of those who have helped me to get my black belt. They are my parents, who encouraged me and bring me to class. My instructors, who helped me move on whenever I got stuck. Last of all, I want to thank Master Hien who helped me the most. I will keep continuing to do karate and study more about it.