Ami France1st DAN Black belt June 15, 2013



I began practicing as something to do while my children were participating in the class, but being a part of the ASKA community has become much more to me. I have spent the last 30 months learning techniques, forms and self-defense move as well as self-control, determination and leadership. I have been in organized sports most of my life, but nothing has helped me to grow as much as the last few months I've spent in class.

Achieving my black belt is only the beginning of this journey though. I've only just realized how much more I have to learn. I look forward to growing as a student and helping others to move along on their journey. My children look up to me as their example and I plan on watching them progress for the next few years until they can right their own journey.

Thank you so much for the opportunity to participate in your program and be a part of such a wonderful community.

Ami France