



Dec-12-2015
Anh-Thu Le
1st Dan Black Belt
Journey to a Black Belt

I started karate when I was eight years old, mainly thinking that I would be able to show off and kick butt. As I got higher in age and rank, I began to realize that there was much more to karate than that. To me, karate is about poise yet strength, discipline, commitment, and self defense.

Everyday up until the black belt test I was very nervous that I would fail, that all of the hard work that people had spent on me would all be for nothing, and everyone that believed me would be let down. As I was testing I began to realize that it was all review and I wasn't doing anything that I hadn't done a million times before during class. As they announced that I had got my black belt I was thrilled.

I'd really like to thank my parents for supporting me through out my journey, Master Hien for teaching me everything that helped me get this black belt, and all of the members of the ASKA family.

No matter how exhilarated I was getting my black belt, nothing can beat the excitement of what's to come as I start my new journey, as a black belt. :)